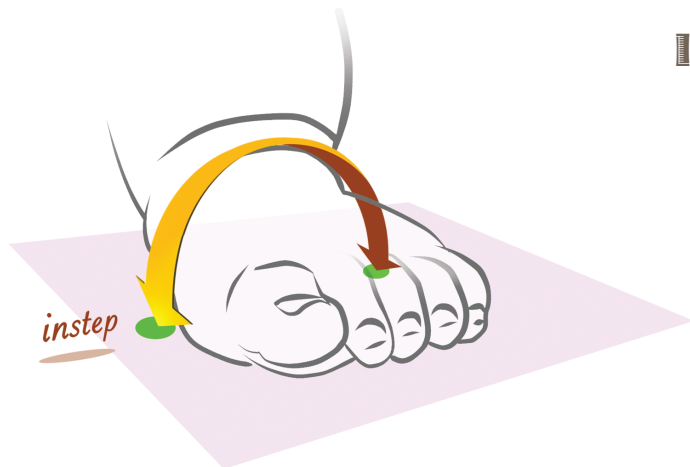
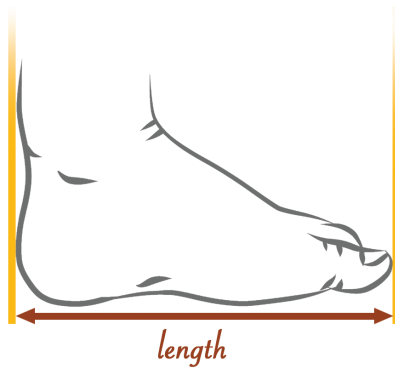


How to measure foot size?

We have put together a guide for measuring your baby's foot. You will need a piece of A4 paper, a pencil and a measuring tape (or ruler). Here are the steps to get the 3 measurements.



Length & width

1. Allow the child to stand on the paper, with support if necessary. It is important to be standing so that their full weight is exerted on the foot.
2. Gently press down on top of the foot to ensure that it is flat and the toes are not curled.
3. Draw a mark at the heel and a second one in front of the longest toe. Measure foot width: draw a third mark at the foot sole where the big toe begins and a fourth one where the little toe begins.
4. It is important to repeat for both feet since it is common to have different feet length (and width).
5. Measure the distance between the marks for length in cm. Measure the distance between the marks for width as well.

Instep half-round

Take a tape measure and measure your child's instep. Starting and ending on the floor, at the sole.

Don't measure circumference!



One foot may be longer than the other, so make sure you use the measurement of the longest foot.

Feet tend to expand during the day, so it is better to measure feet in the afternoon.